Designing for Bicyclist Safety Along the Roadway



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April 17, 2017



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⇒ Questions?

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Archive and Certificates

- Archive posted at www.pedbikeinfo.org/webinars
- ⇒ Copy of presentations
- ⇒ Recording (within 1-2 days)
- ⇒ Links to resources

- Follow-up email will include...
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Federal Highway Administration Webinar 2—April 17, 2017 DESIGNING FOR BICYCLIST SAFETY

MEET YOUR PANELISTS

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NOTE OF CAUTION

The knowledge and practice of designing for bicyclists is rapidly changing. Images in these materials and other guidelines may be outdated. Always check for the latest MUTCD interim and experimental TCD's.



IMPERATIVE FOR CHANGE

- × 1-5 mile trip typical for casual rider
- × 50% of all trips are less than 3 miles
- × Most U.S. facilities are LTS 3
- Most adult bicyclists comfortable on LTS 2



KEY SAFETY FACTORS

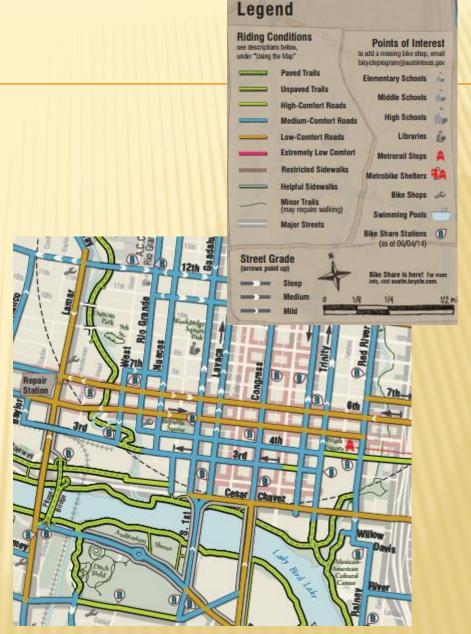
- × Speed
- × Number of lanes
- × Visibility
- **×** Traffic volume & composition
- × Conflict points
- × Proximity
- × Bike control
- × Connectivity





BIKEWAY NETWORK

- Just like roads and sidewalks, bikeways need to be part of an connected network
- Combine various types, including on and off-street facilities



HIERARCHY OF BIKEWAYS

Shared-Use Paths

Separated Bike Lanes

Bike Lanes

Shoulders

Shared Roadway



Designing for Bicyclist Safety

SHARED ROADWAYS

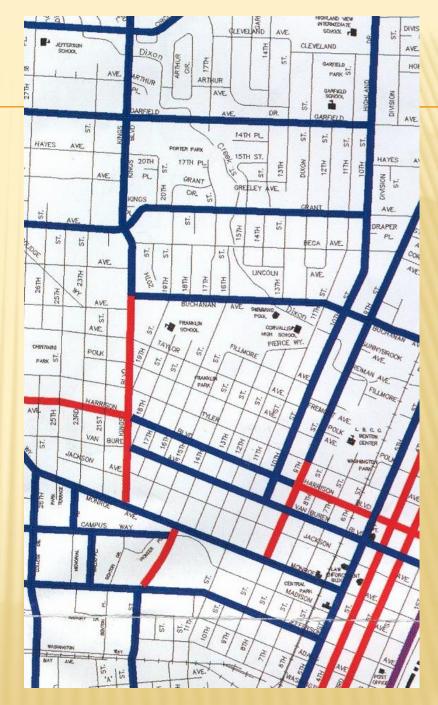


Photo by Harvey Muller

SHARED ROADWAY

- Most common—
 roads as they are
- Appropriate on low-volume or low-speed
- × 85% or more of a well-connected grid





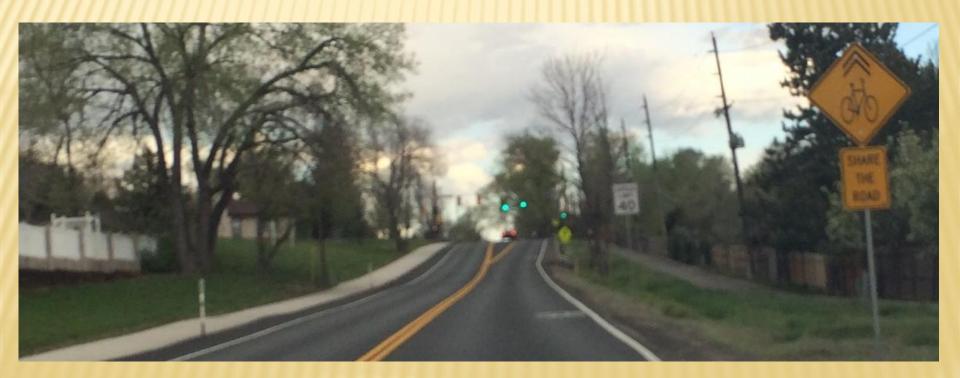
SHARED LANES

- × Unless prohibited, all roads have shared lanes
- × No special features for:
 - + Minor roads
 - + Low volumes (< 1000 vpd)
 - + Speeds vary (urban v. rural)



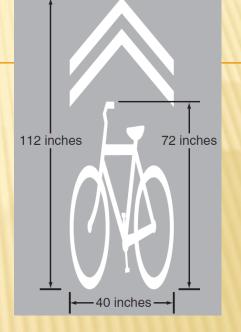
SHARED LANES

Supplemental features
 + Pavement markings or "sharrows"
 + Detectors & signal timing



SHARED LANE MARKING

- × Lateral position
- Connect gaps in bike lanes
- Roadway too narrow for passing
- Position in intersections & transitions





SHARED LANE MARKING

Supporting Characteristics

Nonsupporting Characteristics

- More than 1 lane
 Downhill or level
- Short segment to fill gap in bikeway
- Speed < 30 mph</p>
- × High bicycle use

- × Single lane
- × Uphill
- × Parallel route option
- × Long segment
- × Speed > 40 mph
- × Low bicycle use

SHARED ROAD SIGNS

× Reminder for motorists







PASSING SIGNS

- TCD's not meant to be educational
- Limit to areas with identified problem





Corvallis, Oregon

Low speed/low volumeUp to 25 mph for LTS 1



Increased speed or volume, increased LTS
LTS 4



× Rural back roads



Designing for Bicyclist Safety

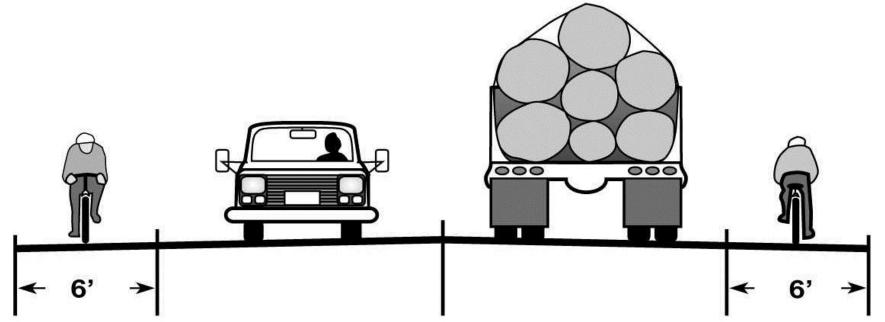
PAVED SHOULDERS

PAVED SHOULDERS

- × Useful for higher traffic volume and/or speed
- × Frequently used for rural
- × Uphill direction
- Not a travel lane intersection conflicts
- × Rumble strips
- × Maintenance



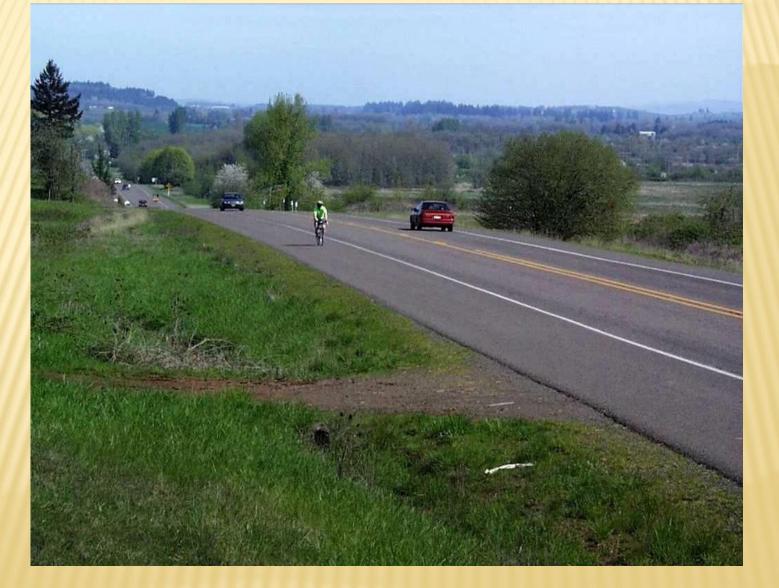
SHOULDER BIKEWAY



Min: 5' against curb, parking or barrier, 4' on open shoulder Travel lane dimensions per relevant standards

> Use AASHTO <u>shoulder</u> standards For bicycles: 4 ft minimum, 6 ft desirable No special markings

RURAL & COUNTY ROADS



RUMBLE STRIPS

- Safety countermeasure for motor vehicle ROTR crashes
- × Can render shoulder unrideable



RUMBLE STRIPS

× Minimum clear path + 4 feet + 5 feet adjacent to curb × Periodic gaps + Minimum length 12 feet + Interval 40 - 60 feet K Gaps at intersections + 10 - 20 feet prior to cross-street or driveway Bicycle tolerable (?) rumble strips



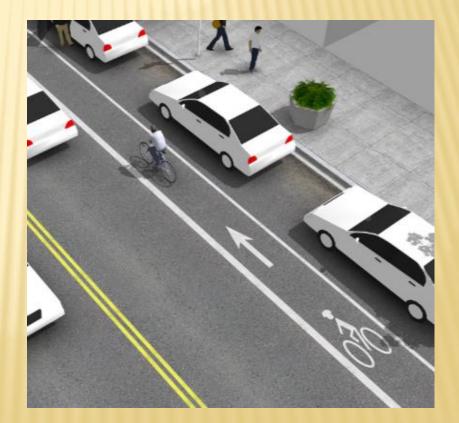


Designing for Bicyclist Safety

BIKE LANES

BIKE LANE DEFINED

Portion of the roadway or shoulder designated for exclusive or preferential use by people riding bicycles



ADVANTAGES

- Low stress on wide/low speed streets
- × Access to major destinations
- × Mobility on arterials
- Suide bicyclist behavior and predictability
- × Improve visibility



ADVANTAGES

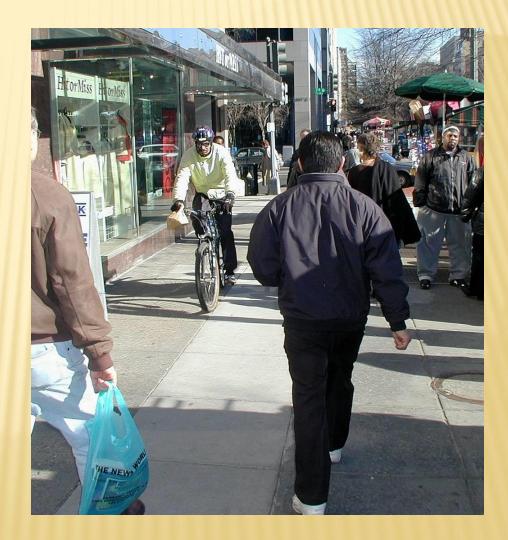
Travel at bicyclist's pace



Geneva, Switzerland

ADVANTAGES

Reduce pedestrian conflicts

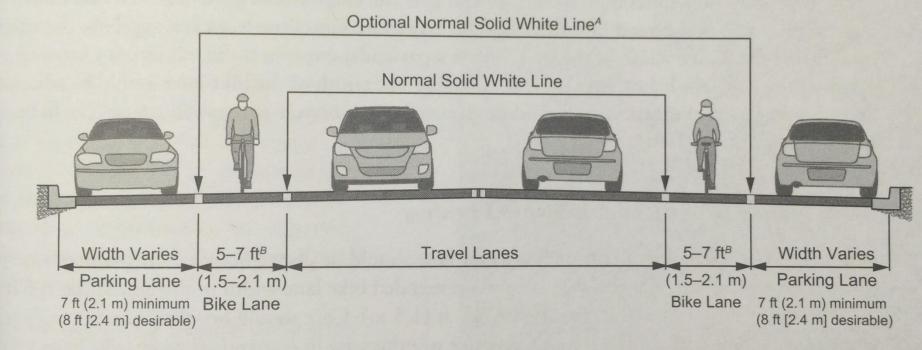


DISADVANTAGES

- × LTS 3 or 4 on arterials
- × Often too narrow
- × Removal of parking



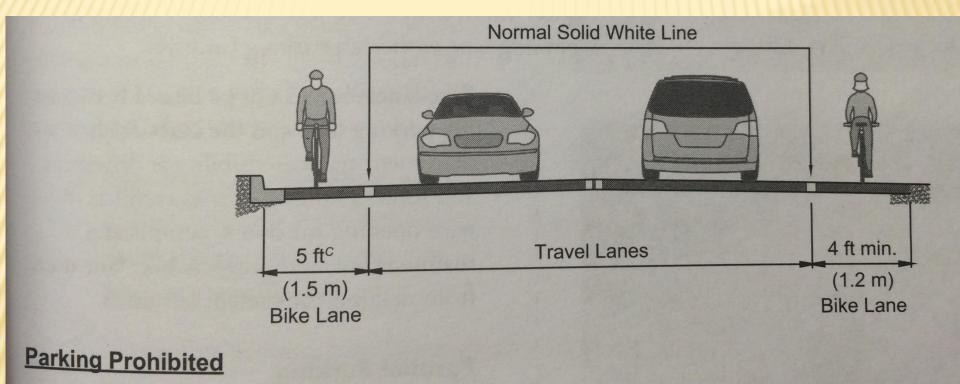
BIKE LANE WIDTH



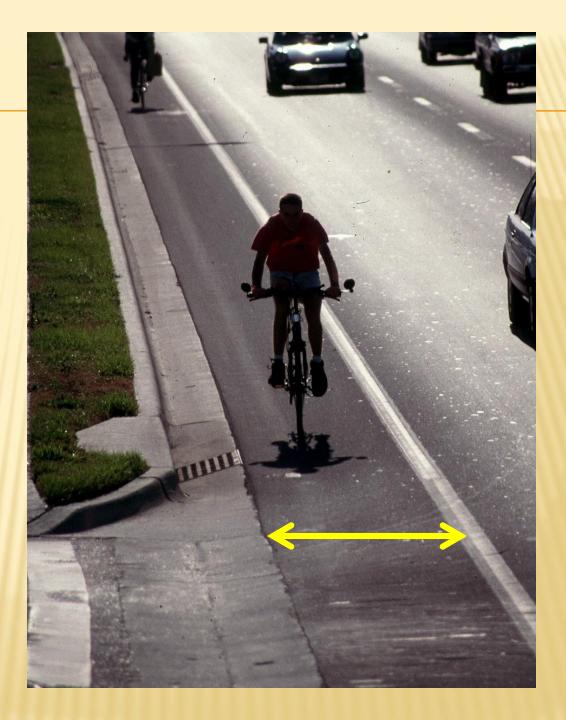
On Street Parking

Desirable: 7 feet AASHTO Guide minimum: 5 Feet

BIKE LANE WIDTH



GUTTER PAN



BUFFERED BIKE LANE

- × Shy distance
- × Bike passing
- × Door zone
- Wider w/out
 confusing
 motorists
- × More comfortable



BUFFERED BIKE LANE (NACTO)

The buffer shall be marked with 2 solid white lines. Minimum buffer width: 18 inches

5

2

The combined wi of the buffer(s) and bike lane should be considered "bike lane width" with respect to other guidance. The buffer area shall have interior diagonal cross hatching or chevron markings if 3 feet in width or wider Desired minimum next to on street parking: 5 feet

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Separation may also be provided between bike lane striping and the parking boundary to reduce door zone conflicts.



Parking Side Buffer Configuration Travel Side Buffer Configuration

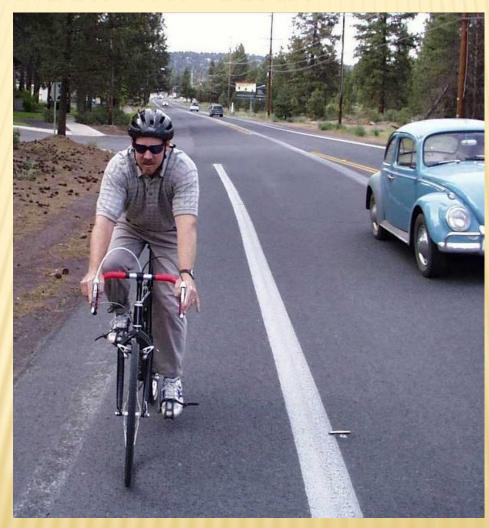
WIDE BIKE LANE/LOW SPEED



5 FT BIKE LANE/30 MPH



5 FT BIKE LANE/35 MPH



5 FT BIKE LANE/40 MPH



PAVEMENT MARKING & SIGNING

- Longitudinal marking required
 - Solid white line between bikes & motor vehicles
 - Line recommended between bikes & parking
- Symbols at beginning & interval
- × Signs



SIGNING

× Beginning, end, & interval
× Optional



²⁰⁰⁹

CONTRA-FLOW BIKE LANE

Reasons for:

- × Continuity on one-way
- × Avoid conflicts
- × Maximize space

Considerations:

- × Markings
- × Signing
- × Intersections





Designing for Bicyclist Safety

SEPARATED BIKE LANES

SEPARATED BIKE LANES

- × Exclusive bike facility
- × Adjacent to or on roadway
- × One-way or contra-flow
- × Separated from traffic by vertical element



SEPARATED BIKE LANES

Advantages

- × Very low stress <u>midblock</u>
- Encourages bike riding
- × More conspicuous
- × Crash rate reductions



SEPARATED BIKE LANES

Disadvantages

- × Special treatments for
 - + Intersections
 - + Driveways
 - + Parking
 - + Transit
 - + Loading zones
- Additional space needed
- More costly than bike lanes
- × More to learn



DESIGN GUIDANCE

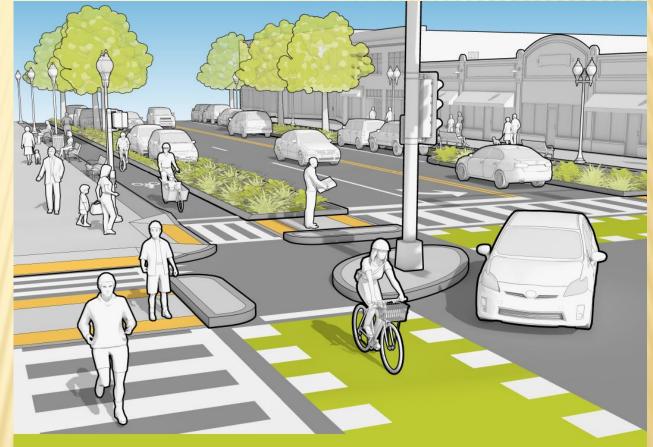
- Not addressed in AASHTO
- Emerging need for design guidance
- Evolving knowledge with increasing experience

Federal Highway Administration SEPARATED BIKE LANE PLANNING AND DESIGN GUIDE



DESIGN GUIDANCE

× MassDOT



SEPARATED BIKE LANE PLANNING & DESIGN GUIDE 2015 MASSACHUSETTS DEPARTMENT OF TRANSPORTATION

CONSIDERATIONS

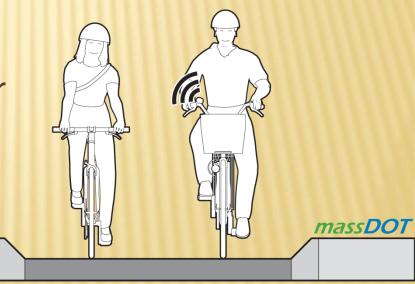
Are cyclists already using corridor?



- Would potential cyclists use the corridor if a separated facility existed?
- x Could a SBL connect origins and destinations?
- How can a SBL help build a low stress bicycle network?
- Could a separated bike lane improve connections for disadvantaged populations?

BIKE LANE WIDTH

- × One-way
- Widths vary by peak hour volume
 - + 6.5-10 ft recommended
 - + 5-8 ft minimum
 - + 4' allowable at bus stops or accessible parking



6.5' min. for comfortable passing

BIKE LANE WIDTH

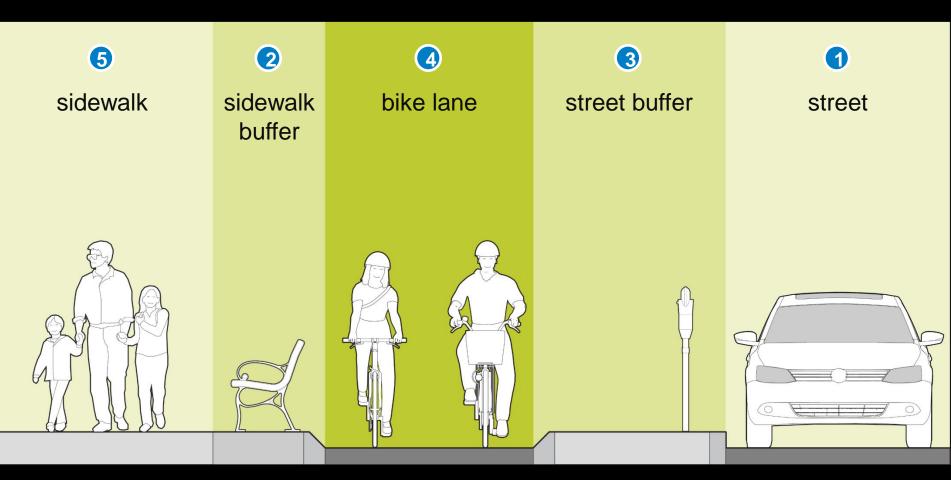
- × Two-way
- Widths vary by peak hour volume
 - + 10-14 ft recommended

+ 8-11 ft minimum

≥ 10' min. for comfortable passing

massDOT

CONSTRAINED CORRIDORS



massDOT

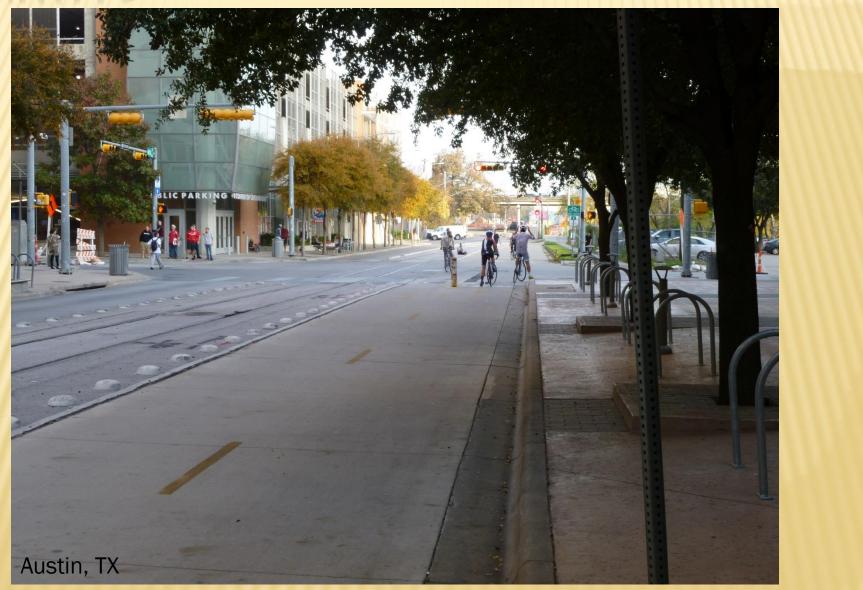
VERTICAL SEPARATING ELEMENTS

- × Safety of bicyclists
- × Safety of motorists
- × Maintenance
- × Appearance



BEVELED CURB

TURTLES



ARMADILLOS



RIGID BOLLARDS



PLANTERS



RAISED MEDIAN



CONCRETE BARRIER

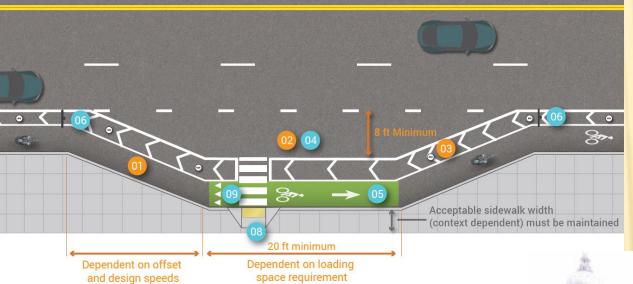


CURBSIDE ACTIVITY

- × Motor vehicle parking
- × Loading zones
- × Bike parking
- × Bus stops



LOADING ZONES





A dedicated loading zone along Palk Street in San Francisco, CA. (Source: Alek Pochowski)

TRANSIT STOPS

- × Considerations
 - + Opposite side of street
 - + Guide passengers
 - + Two crossings
 - + Communicate to bicyclists
 - + Floating bus stop
 - + In-lane bus operation

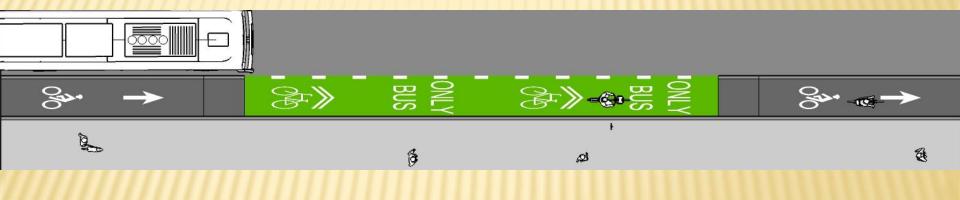


TRANSIT STOPS

- × Railings or planters
- Intersection crossing
- Stop or yield markings

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TRANSIT STOPS





Designing for Bicyclist Safety

MIXING BIKES & RAILWAYS











Designing for Bicyclist Safety

SUMMARY THOUGHTS

Discussion

Send us your questions

⇒ Follow up with us:

- Brooke Struve <u>brooke.struve@dot.gov</u>
- Michael Cynecki <u>mcynecki@lee-eng.com</u>
- Peter Lagerwey <u>plagerwey@tooledesign.com</u>
- ⇒General Inquiries pbic@pedbikeinfo.org
- ⇒ Archive at <u>www.pedbikeinfo.org/webinars</u>

