

AASHTO Bike Guide Webinar Series (Part 1)

Evolution of Bicycle Infrastructure and the AASHTO Bike Guide

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AASHTO Bike Guide Webinar Series

Part 1 6/26/25

Evolution of
Bicycle
Infrastructure and
the AASHTO Bike
Guide

Part 2 7/31/25

Design Principles of High-Comfort Bikeways

Part 3 9/11/25

Additional Advances in Bicycling Design

Follow-on deep dive sessions will be scheduled to address specific topics we identify from feedback following these episodes.

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Housekeeping

- **⇒** Submit your questions
- ⇒ Webinar archive: www.pedbikeinfo.org/webinars
- Certificates and professional development hours
- ⇒ Follow-up email with more details
- ⇒ Review previous episodes and sign up for upcoming sessions



The Evolution of Bicycle Infrastructure and the AASHTO Bike Guide

Webinar 1

Jeremy Chrzan, PE, PTOE, LEED AP

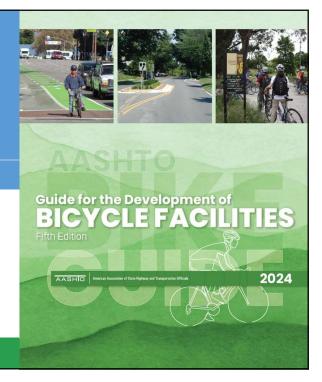
Owner | Multimodal Design Practice Lead

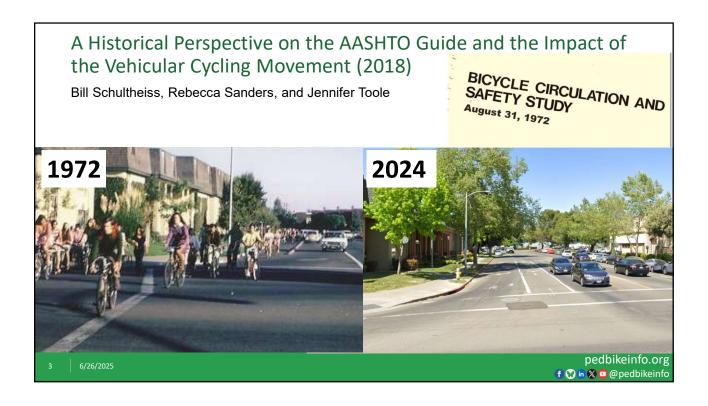


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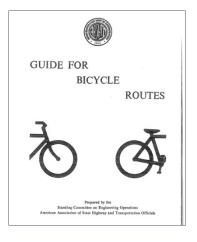


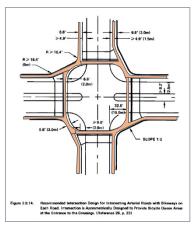














Protected Bike Lanes & Intersections

Davis, California 1967

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1974 AASHTO Bike Guide

1) Don't drop bike anes at

3) mark 2-stage queue box

 use protected intersection design o mitigate "right

Intersections and Crossings

Because the number and severity of conflicts between motorists, bicyclists, and pedestrians are greatest at intersections and crossings, utmost care must be taken in designing intersection which are to accommodate bicycle traffic. The safest and most effective way of climinating conflicts where a bicycle route crosses another roadway is to provide a grade separation. This may be feasible in some cases, as discussed under grade separation structures. However, a grade separation usually cannot be provided because of lack of available space. especially where bicycle lanes or shared roadways cross at or near existing atgrade street intersections. Even where space is available, there seldom is warrant for the high cost of the structure. Therefore, a design which utilizes vatisting at-grade street intersections. Even where space is available, there seldom is warrant for the high cost of the structure. Therefore, a design which utilizes vatisting at-grade street intersections usually must be provided.

Wherever a bicycle lane is carried across an at-grade street intersections some form of channelization with specific routings for bicycles should be provided to minimize the number of possible conflict points between bicycles, motor vehicles, and pedestrians within the intersection. Such channelization would not normally be necessary when shared roadways intersect a cross street, it is a heavy percentage of motor vehicles making right turns out of the shared roadway.

Channelization usually consists of some form of striping or marking which clearly delineates the path which bicycles must take in crossing the intersection. In most cases the crossing should be adjacent to—but striped separately from—the pedestrian crosswalk. Bicyclists who wish to turn left should be encuraged to cross the cross street first and then proceed to the left within a marked path provided for the second street. The undesirable effect of the conflict between right-turning motorists and straight-through bicyclists can

from the intersection.

Examples of channelization arrangements to accommodate bicyclists at intersections are illustrated in Figure 7. Figure 7(a) depicts a pair of bicycle lanes which are carried straight through the intersection.with this arrangement, the bicycle route is a part of the street, directly aligned with the bicycle lane both upstream and downstream. The arrangement in Figure 7(b) likewise carries the bicycle lane through the intersection but the bicycle correction is offere from the

Bicycle Lane Crossing Pedestrian Crosswalk Oneway Bicycle Lane-1 160 Pedestrian Crosswalk (b.) Bicycle Lanes offset to cross intersection

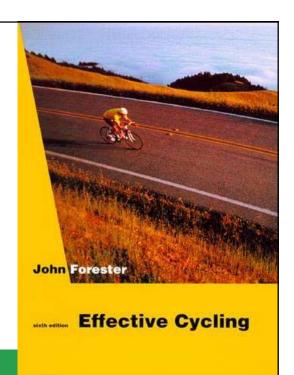
Figure 7 Bicycle Channelization Arrangements

At Street Intersections

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1975 Effective Cycling

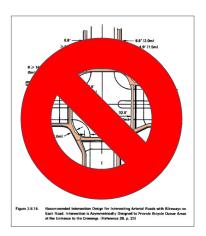
"Cyclists fare best when they act and are treated as drivers of vehicles"



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1981 AASHTO Bike Guide







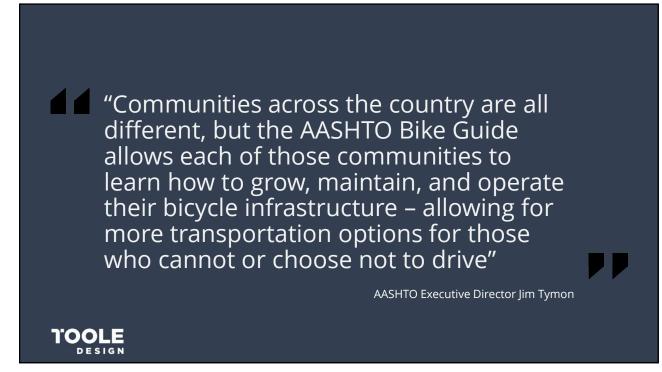
Protected Bike Lanes & Intersections

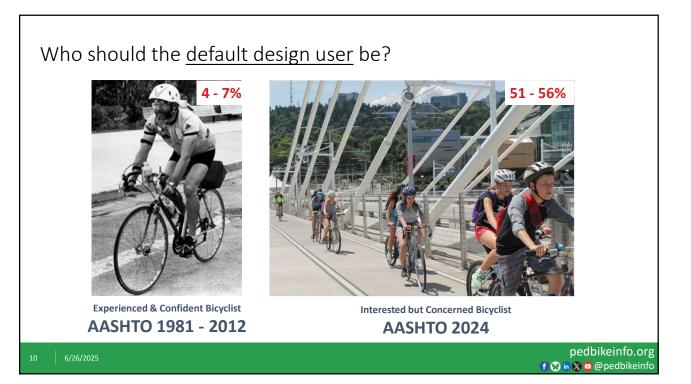
Davis, California 1967

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2024 AASHTO Bike Guide Evolution



- · Consideration of 2012 balloting comments
- ID and evaluate new and existing bicycle facility types and treatments in the US
- · Research review & state of the practice
- · Develop framework for selecting appropriate facilities
- · Consideration of users of all ages and abilities, including children
- · Preparation of common definitions
- Harmonization with applicable standards and guidelines

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2024 AASHTO Bike Guide Evolution Council on Committee Active on Design & Transportation **NCHRP** Committee & Council for 15-60 Draft 3 Interim Highways and on Traffic Publication Kick-off Report Draft 1 Draft 2 Balloting Engineering Streets Mar Dec Aug Mar Nov May Dec Jun **'**15 16 **'23 '24** 17 17 '18 '22

- Consideration of 2012 balloting comments
- ID and evaluate new and existing bicycle facility types and treatments in the US
- Research review & state of the practice
- · Develop framework for selecting appropriate facilities
- Consideration of users of all ages and abilities, including children
- · Preparation of common definitions
- · Harmonization with applicable standards and guidelines

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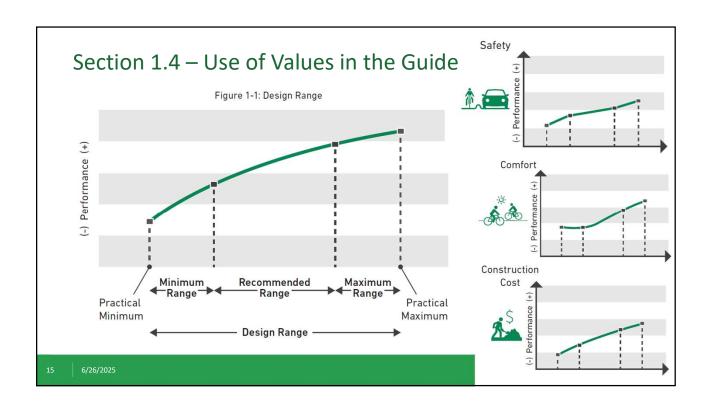
2012 Guide	2024 Guide	Notable Changes of 2024 compared to 2012
Chapter 1. Introduction	1. Introduction	REWRITE with new discussion of design range concept
Chapter 3. Bicycle Operation and Safety	2. Bicycle Operation & Safety	REWRITE of former Chapter 3
Chapter 2. Bicycle Planning	3. Bicycle Planning	REWRITE and NEW CONTENT added to former Chapter 2
	4. Facility Selection	NEW CHAPTER with a few items carried from Chapter 2
	5. Elements of Design	NEW CHAPTER with some content pulled from Chapters 4 and 5
Chapter 5. Design of Shared Use Paths	6. Shared Use Paths	REVISION of Chapter 5
	7. Separated Bike Lanes	NEW CHAPTER with new content
	8. Bicycle Boulevards	NEW CHAPTER with new content
Chapter 4. Design of On-Road Facilities	9. Bike Lanes & Shared Lanes	REVISION of Chapter 4
	10. Traffic Signals and Active Warning Devices	NEW CHAPTER with new content
	11. Roundabouts, Interchanges, and Alternative Intersections	NEW CHAPTER with new content
	12. Rural Area Bikeways	NEW CHAPTER with some content pulled from Chapter 4
	13. Structures	NEW CHAPTER with some content pulled from Chapter 5
	14. Wayfinding	NEW CHAPTER with some content pulled from Chapter 4
Chapter 7. Maintenance and Operations	15. Maintenance & Operations	REVISION of chapter 7
Chapter 6. Bicycle Parking Facilities	16. Parking, Bike Share, & End of Trip Facilities	REVISION of chapter 6

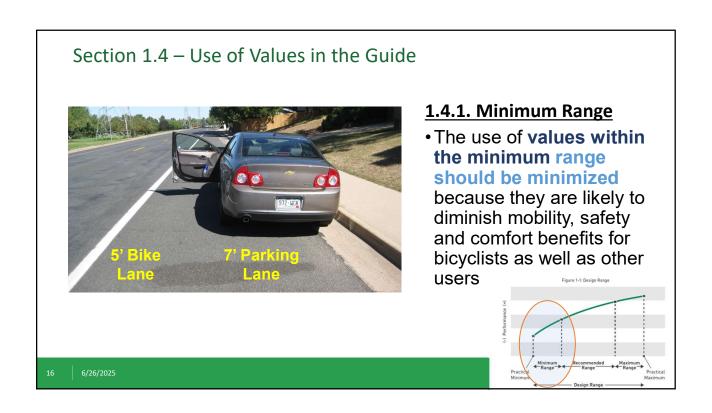
Chapter 1 – Introduction

- 1.1 Design Imperative for Bicycle Facilities
- 1.2 Purpose
- 1.3 Design Flexibility
- 1.4 Use of Values in the Guide
- 1.5 Scope
- 1.6 Relationship to other Design Guides and Manuals
- 1.7 Structure of this Guide
- 1.8 Definitions

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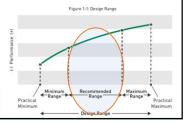


Section 1.4 – Use of Values in the Guide



1.4.2. Recommended Values Range

- The use of values within the recommended range should be chosen to maximize mobility, safety and comfort benefits for bicyclists as well as other users.
- These values were determined by research or established best practice.



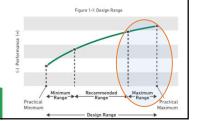
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Section 1.4 – Use of Values in the Guide



1.4.3. Maximum Range

- the use of values within the practical maximum range should only be considered when
- there are clear benefits to all users and
- bicyclist volumes are high.



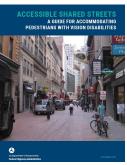
Section 1.6 - Relationship to Other Manuals



FHWA Separated Bike Lane Planning and Design Guide May 2015

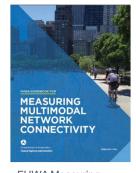


FHWA Achieving Multimodal Networks **August 2016**



FHWA Accessible Shared Streets **September 2017**

AASHIO



FHWA Measuring Multimodal Network Connectivity February 2018

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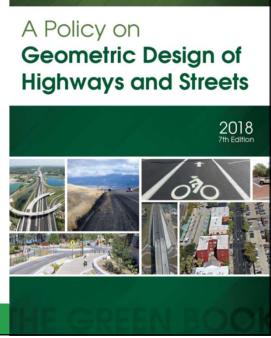
Section 1.6 - Relationship to Other Manuals

AASHTO Green Book

- All NHS Roads = design speed, design loading
- Interstates, freeways, and roadways with design speed > 50mph: lane width, shoulder width, horizontal curve radius, superelevation rate, maximum grade, stopping sight distance, cross slope, vertical clearance

State and Local Agencies

Adopt their own guidance which may be more stringent than FHWA/AASHTO



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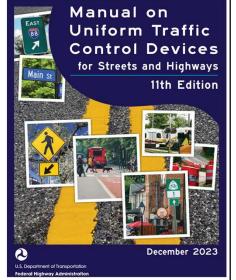
1.6.1. Manual on Uniform Traffic Control Devices for Streets and Highways (MUTCD)

MUTCD defines design and application of traffic control devices (TCDs).

2024 Bike Guide conforms to 2023 MUTCD

Includes some TCDs that require experimental approval by FHWA (located at the end of their respective section)

AASHTO expands upon the application of TCDs



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Experimental Treatments

9.8. Advisory Bicycle Lanes (Experimental)

Advisory bicycle lanes are continuously-dotted bicycle lanes which permit motorists to temporarily enter the bicycle lane, allowing opposing motor vehicle traffic sufficient space to pass (see Figures 9-15 and 9-16). They are an experimental design treatment for streets with lower traffic speeds and volumes where it is not feasible to provide standard-width travel lanes and bicycle lanes. They are designed to improve bicyclist comfort while also providing a traffic calming benefit. This is the same procedure for motorists operating on yield streets where motorists must move to the right side of the road, into unoccupied parking spaces or driveways, to permit oncoming traffic to pass (see



Figure 9-15: Example of an Advisory Bicycle Lane

Where advisory bicycle lanes are installed, they should include bicycle lane signs (R3-17) and bicycle lane symbol pavement markings. The placement of the signs and bicycle lane symbols should follow guidance for bicycle lanes. Experimental approval from FHWA is required to use this traffic control treatment. See Section 1.6.1 for guidance on requests to experiment.

Advisory shoulders are a similar treatment used in locations where sidewalks are not provided. Bicycle symbols are omitted to allow pedestrians to share the shoulder space with bicyclists. Chapter 12 provides design guidance for advisory shoulders.

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Section 1.8 - Definitions

- Bicyclist Design User Profile A generalized profile of different types of bicyclists based on their comfort when bicycling with motor vehicle traffic, as well as their bicycling skills and experience. Profiles range from Highly Confident to Somewhat Confident to Interested but Concerned.
- **Bicycle Facilities A general term** denoting provisions to accommodate or encourage bicycling, including bikeways, bicycle boulevards, bicycle detection, in addition to parking and storage facilities.
- Bikeway Any road, path, or facility intended for bicycle travel which
 designates separate space for bicyclists distinct from motor vehicle traffic or
 a bicycle boulevard designed for bicyclist travel priority. A bikeway does not
 include shared lanes, sidewalks, signed routes, or shared lanes with shared
 lane markings.

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Chapter 2 - Bicycle Operation and Safety

- 2.1. Introduction
- 2.2 Safety of Bikeways and Shared Lanes
- 2.3. Bicyclist Design User Profiles
- 2.4. Bicyclist Safety and Performance Characteristics
- 2.5. Design Vehicle and Bicyclist Operating Criteria
- 2.6. Operating Principles for Bicyclists
- 2.7. Guiding Principles for Bicyclist Safety

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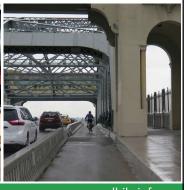
2.2.1. Relationship between Perceived Comfort and Substantive Safety

Research has found a significant relationship between:

- how safe and comfortable people feel bicycling
- whether and how often they bicycle
- their preferences for facility types
- · the provision of those facilities







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Crashes and nearcrash experiences influence perceived bicycling safety and comfort

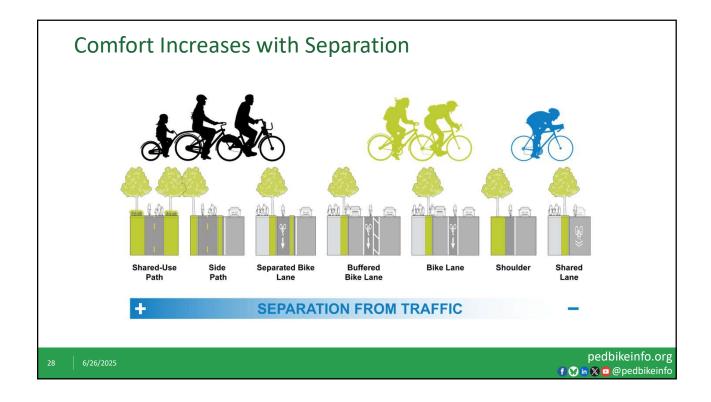
(Lee et al., 2015; Sanders, 2015; Aldred & Crossweller, 2015)



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2.2.2. Safety in Numbers

 Bicyclist risk does not increase proportionately to their increased volume, but actually decreases as the number of bicyclists increases.

Shared Lane

2010: <100 cyclists /day

Example 15th Street, NW Washington DC



Separated Bike Lane

2017: 2,500 cyclists /day



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2.2.3. Bicyclist Crash Data

- 2% of roadway fatalities
- · # of crashes steadily increasing
- · Understand crash data shortcomings
- HCM uses CMFs for cost / benefit assessments
 - Lack of CMF for bicyclists
 - Bike volume lower than motorists
 - Suppressed demand not captured
 - Bike crashes undervalued due to minimal property damage costs

Motorist Pre-Crash Maneuver/
Common Crash Types

Motorist Overtaking Bicyclist

Sideswipe

Rear-End

Bicyclist Left Turn Across
Traffic

Bicyclist Swerved

Undetected Bicyclist

Motorist Left Turn into Bicyclist
(Left Hook')

Motorist Left Turn into Bicyclist
(Notorist Left Turn into Bicyclist
Motorist Left Turn into Bicyclist
Wicklight Hook')

Motorist Motorist Right
Turn into Same Direction
Bicyclist General Motorist Right
Motorist Right Turn into Bicyclist
Motorist Right Turn into Bicyclist
Motorist Right Turn
Into Opposite Direction
Bicyclist General Motorist Right
Motorist Right Hook')

Motorist Right-Angle into Bicyclist
Bicyclist Failure to Yield
Motorist Failure Motorist
Motorist Right-Angle into Bicyclist
Motorist Failure Motorist
Motorist Right-Angle into Bicyclist
Motorist Right-Angle into Bicyclist
Motorist Diversity
Motorist Prive-QuiSignal Centrolled
Motorist Prive-UtDriveway

Motorist Drive-Through—
Controlled Intersection

Motorist Drive-Through—
Controlled Intersection

Motorist Drive-Through—
Signal Centrolled
Motorist Prive-Through—
Signal Right-Angle into Bicyclist
Motorist Drive-Through—
Signal Right-Angle into Bicyclist
Motorist Drive-Through—
Controlled Intersection

Motorist Drive-Rivo

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2.2.5. Contributing Crash Factors Involving Bicyclists

- Motorists (Speeds, Sizes, Attention)
- Freight & Large Vehicles
- · Wrong-Way Bicycling
- Parked Vehicles
- Sidewalk Riding
- Dusk and Evening Hours
- Other Crashes



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Foundational Change in Philosophy Underpinning the Guide

1980 – 2012 AASHTO Bike Guide Design User Profile = Confident Male Recreational Bicyclist

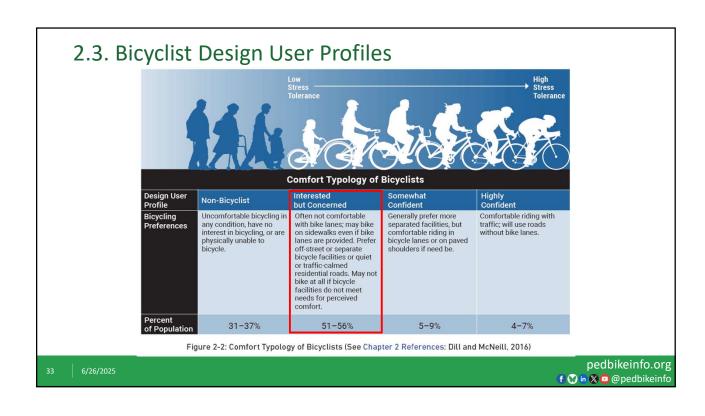


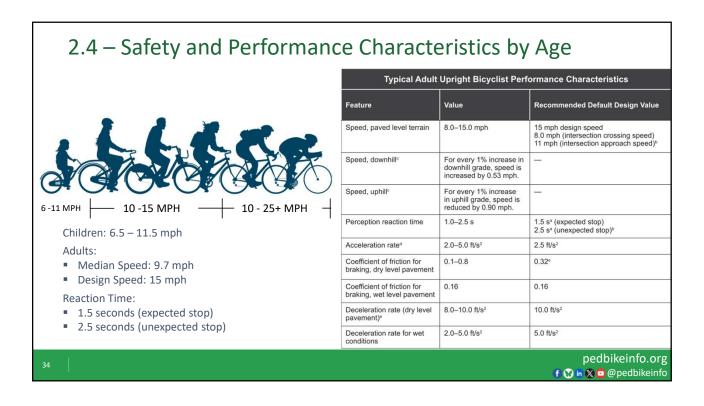
"Vehicular cycling...is faster and more enjoyable...the plain joy of cycling overrides the annoyance of even heavy traffic" - john forester

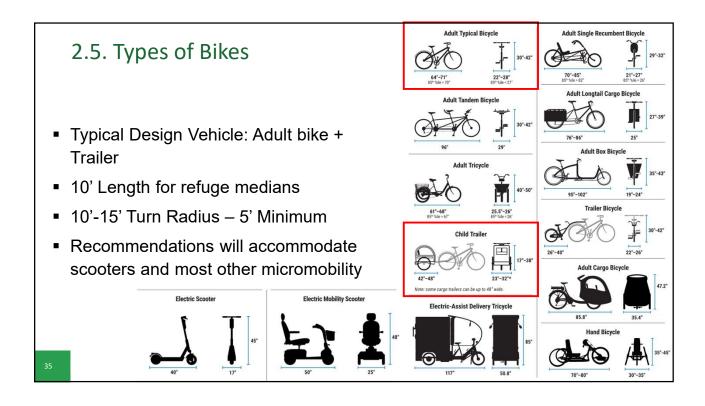
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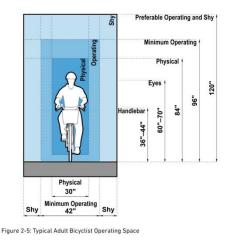
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2.5.3. Bicyclist Operating Space



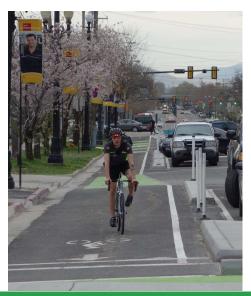
Sny Distance (in.)	
Practical Minimum	Recommended Range
0	24–36
12	24–36
24	36–48
12	24–36
6	12–24
0	6–12
	Practical Minimum 0 12 24 12

Table 2-5: Bicyclist Lateral Shy Distance to Physical Elements

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^{*} To reduce crash risks, eliminating the shy distance is not preferable as any additional shy distance will be beneficial.

2.7. Guiding Principles for Bicyclist Safety



- Reduced injury risk compared to standard bike lanes and shared lanes (Lusk et al., 2013; Lusk et al., 2011; NYCDOT, 2014; Winters et al., 2013)
- SBL preferred over striped or shared lanes by both cyclists and motorists (Monsere et al., 2014; Monsere et al., 2012; Sanders, 2014)
- One-way generally safer than two-way (Schepers et al., 2011; Thomas & DeRobertis, 2013)
- Two-way SBLs on one-way roads, preferable on right side

(Schepers et al., 2011; Zangenehpour et al., 2015)

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Chapter 3: Bicycle Planning

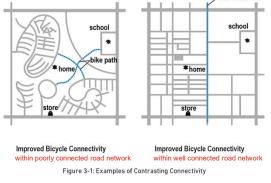
- 3.1 Introduction
- 3.2 Bicycle Planning Principles
- 3.3 Primary Considerations for Bicycle Planning
- 3.4 Planning For Desired Outcomes
- 3.5 Deciding Where Improvements Are Needed
- 3.6 Integrating Bicycle Facilities with Transit (First- and Last-Mile Connections)
- 3.7 Bike Parking and End of Trip Support
- 3.8 Types of Transportation Planning Processes
- 3.9 Technical Analysis Tools That Support Bicycle Planning
- 3.10 Public Input

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3.2 Bicycle Planning Principles

- **3.2.1. Safety** reduce frequency and severity of crashes by separating bicyclists from higher speed and volumes of motorists
- **3.2.2. Comfort** do not deter use due to safety concerns
- **3.2.3. Connectivity** direct, complete and continuous
- **3.2.4. Legibility** easy to recognize and intuitive to use



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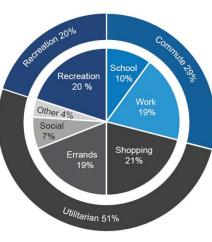




90% of bike trips are under 5 miles

Trip purpose varies

Planning for nondiscretionary bicycling





Section 3.4 – Networks Designed for Intended Users

- Low-Stress Bicycle Network is designed to be safe and comfortable for all users. These support All Ages and Abilities (≈ 72% of public)
- Baseline Bikeway Network consist primarily of bicycle lanes and shoulders. These networks support Highly Confident Bicyclists and some Somewhat Confident Bicyclists (≈ 16%)
- Traffic Tolerant Network all roads and paths on which bicycling is legally allowed. These networks support Highly Confident Bicyclists (≈ 4%)





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3.9.2. Quality of Service and Bicycle Level of Service Tools

Table 3-4: Levels of Traffic Stress²²

3.9.2.2 Level of Traffic Stress

objective and quantitative method of classifying road segments and bikeway networks based on how comfortable bicyclists



Presenting little traffic stress and demanding little attention from cyclists, and attractive enough for a relaxing bitle ride. Suitable for almost all cyclists, including children trained to safely cross intersections. On links, cyclists are either physically separated from traffic, or are in an exclusive biteway next to a slow traffic stream with no more than one lane per direction, or are on a shared road where they interact with only occasional motor vehicles (as opposed to a stream of traffic) with a low speed differential. Where cyclists nde alongside a parking lane, they have ample operating space outside the zone into which car doors are opened. Intersections are easy to approach and cross.

Presenting little traffic stress and therefore suitable to most adult cyclists but demanding more attention than might be expected from children. On links, cyclists are either physically separated from traffic, or are in an exclusive bicycling zone next to a well-confined traffic stream with adequate clearance from a parking lane, or are on a shared road where they interact with only occasional motor vehicles (as opposed to a stream of traffic) with a low speed differential. Where a bitle lane lies between a through lane and a right-turn lane, it is configured to give cyclists unambiguous priority where motor vehicles cross the bitle lane and to keep speeds in the right-turn lane comparable to breycling speeds. Crossings are not difficult for most adults.

More traffic stress than LTS 2, yet markedly less than the stress of integrating with multilane traffic, and therefore welcome to many 3 poole currently inding blkes in American cities. Offening cyclists either an exclusive bikeway next to moderate-speed traffic or shared lanes on streets that are not multilane and have moderately low speed. Crossing may be longer or across higher-speed roads than allowed by LTS 2, but still considered acceptably safe to most adult bicyclists.

A level of stress beyond LTS 3. Bicyclist mix with motor vehicle traffic. Generally uncomfortable for most adults.

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3.9.4. Bicycle Travel Demand Analysis and Volume Estimation

Demand Analysis

Assumptions regarding how many people would bike if conditions were conducive to biking based on land use information and other relevant variables

- Population Density
- Destinations
- Bicycle Network (existing & planned)



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Chapter 4 - Guidance for Choosing a Bikeway Type

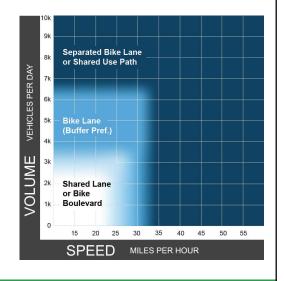
- 4.1 Introduction
- 4.2 Project Performance Goals and Objectives
- 4.3 Selecting the Preferred Bikeway Type
- 4.4 Strategies to Achieve the Preferred (or Next Best) Design
- 4.5 Evaluating Design Alternatives and Trade-offs to Select a Bikeway

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Section 4.3.1 – Streets in Urban, Suburban and Rural Town Contexts

- Identifies the preferred bikeway type assuming:
- <u>Design User</u> = Interested but concerned cyclist
- Analysis = Level of Traffic Stress



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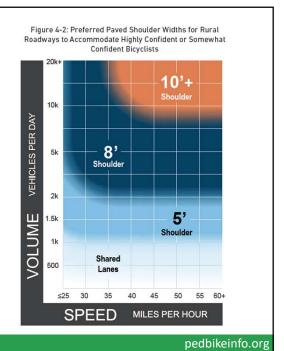




Identifies the **preferred** shoulder width assuming:

<u>Design User</u> = highly confident cyclist

Analysis = Bicycle LOS



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Section 4.3.2 – Rural Roadways



Other Considerations:

It may be preferable to provide a shared use path separated from the road:

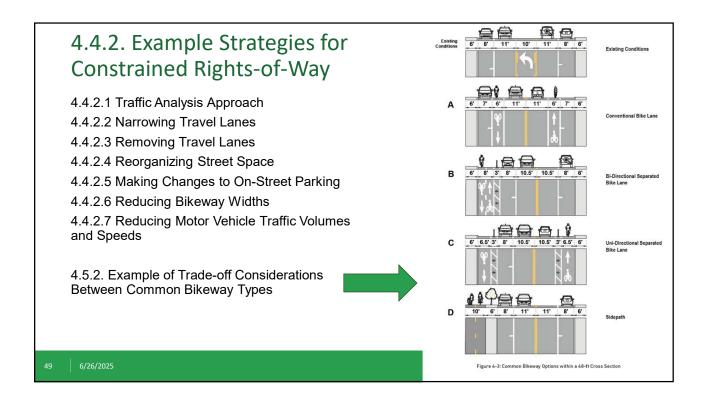
- In locations with larger volumes of bicycling
- · Between key bicycle destinations,
- For routes serving families and children

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Section 4.3.3 – Conditions Where Increasing Separation from Motor Vehicles is Appropriate





4.5.3. Selecting the Next Best Facility When the Preferred Bikeway Is Not Feasible bike boulevard Alternative Route • If no other design improvements are school feasible, it is necessary to consider alternative parallel routes. Research indicates that for an alternative *home low-stress route to be viable, the increase in trip length should be less than 30 percent store Broach, J., Dill, J., and J., Gliebe. Where Do Cyclists Ride? A Route Choice Model Developed with Revealed Preference GPS Data Preferred Bikeway pedbikeinfo.org f 😯 in 🞇 🖸 @ pedbikeinfo



Jeremy Chrzan, PE, PTOE, LEED AP Owner | Multimodal Design Practice Lead jchrzan@tooledesign.com





Discussion

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