PBIC Webinar

Integrating Ped/Bike Concepts into University Courses: New Materials and Noteworthy Practices



Mike Flynn, Sam Schwartz Engineering

Jeff LaMondia, Auburn University

Kari Edison Watkins, Georgia Institute of Technology

Carl Sundstrom, UNC Highway Safety Research Center

August 19, 2015, 1 pm





Today's Presentation

- **⇒**Introduction and housekeeping
- **⇒** Presentations
- Questions at the end

Webinar Issues

⇒ Audio issues?

Dial into the phone line instead of using "mic & speakers."

⇒ Webinar issues?

Re-Load the webpage and log back into the webinar. Or send note of an issue through the Question box.

⇒ Questions?

Submit your questions at any time in the Questions box.

CM Credits and Email

Certificate of Attendance You will receive a certificate of attendance by email from the **UNC Highway Safety Research** Center



Pedestrian and Bicycle Information Center

Dear James

Thank you for registering for "A Resident's Guide for Creating Safer Communities for Walking and Biking".

The Federal Highway Administration just released "A Resident's Guide for Creating Safer Communities for Walking and Bicycling," a free guide offering step-by-step instructions for residents and community groups looking to improve pedestrian and bicyclist safety, access, and comfort. This webinar offers an overview of the guide and will review how two communities used the principles outlined within it to make their communities more walkable and bikeable.

Tamara Redmon, with FHWA's Office of Safety, will introduce the guide and discuss how it fits within the US Department of Transportation's Safer People, Safer Streets Initiative.

Laura Sandt, with the Pedestrian and Bicycle Information Center, will discuss the content of the new guide and how residents can use it.



PBIC Webinars and News

- ⇒ Find PBIC webinars and webinar archives pedbikeinfo.org/webinars
- > Follow us on Facebook for the latest PBIC News facebook.com/pedbike
- **⇒** Join our mailing list pedbikeinfo.org/signup







Integrating Ped/Bike Concepts into University Courses

The Employer's Perspective

Michael Flynn, AICP
Director of Active Transportation

Sam Schwartz Engineering D.P.C.



August 19, 2015

Active Transportation is growing up

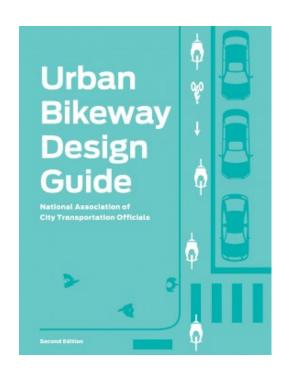
Then... ...Now

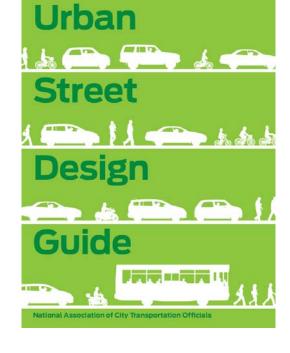
"Bike/Ped" silo	Holistic view of urban streets
"Pedestrians," "Bikes"	People walking; people biking
Lines on a map	Quality
"The right thing to do"	Results-driven
Technical exercise	User experience-driven





Sophisticated Design Guidance





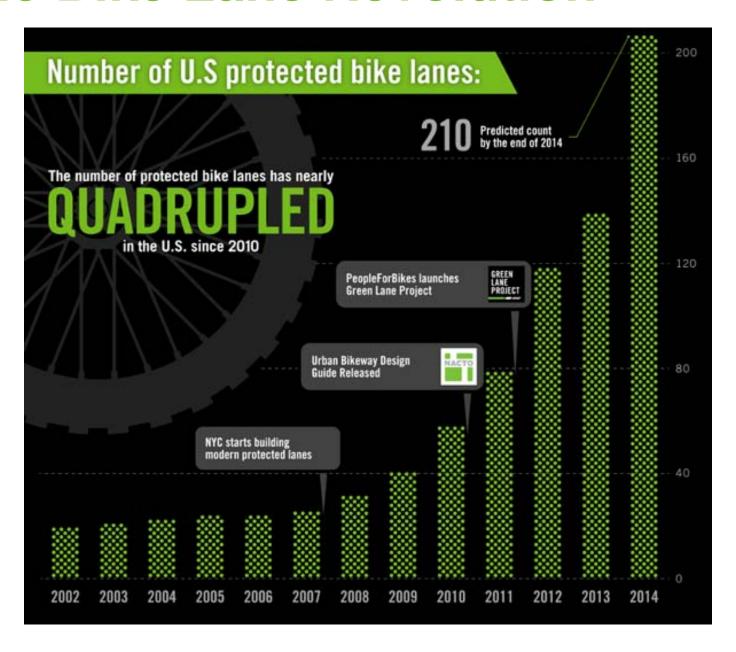


Published Spring 2011 2nd Edition Fall 2012

Published Fall 2013

Published Spring 2015

The Bike Lane Revolution

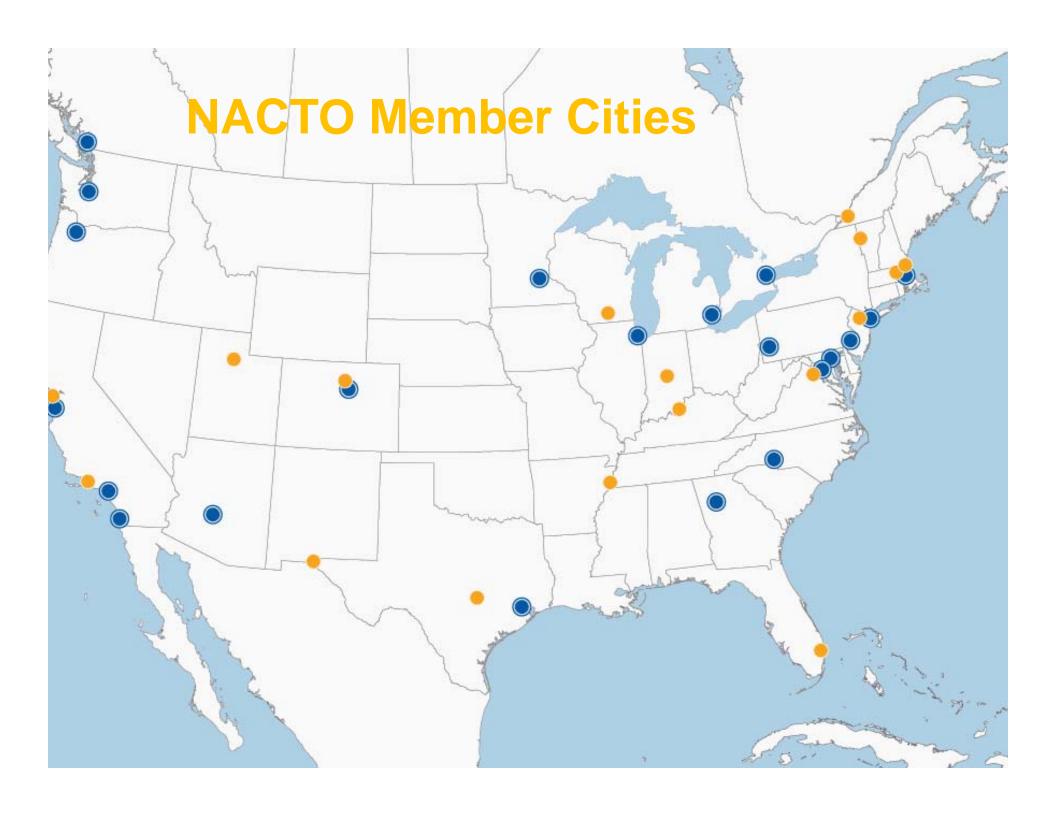


The Bike Lane Revolution

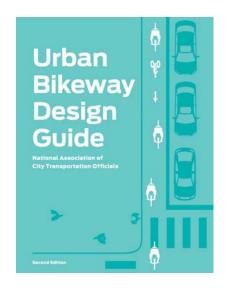


Vision Zero Policies/Goals















One-way Cycle Track



Design Guidance

Two-Way Cycle Track

Required Feature:

Bicycle lane word, symbol, and/or arrow markings (MUTCD Figure 9C-3) shall be placed at the beginning of a cycle track and at periodic intervals along the facility to define the bike lane direction and designate that portion of the street for preferential use by bicyclists.

If configured on a one-way street, a "ONE WAY" sign (MUTCD R6-1, R6-2) with "Except Bikes" plaque shall be posted along the facility and at intersecting streets, alleys, and driveways informing motorists to expect two-way traffic.

 A "DO NOT ENTER" sign (MUTCD R5-1) with "EXCEPT BIKES" plaque shall be posted along the facility to only permit use by bicycles.

A Intersection traffic controls along the street (e.g., stop signs and traffic signals) shall also be installed and oriented toward bicyclists traveling in the contra-flow direction.

Recommended Features

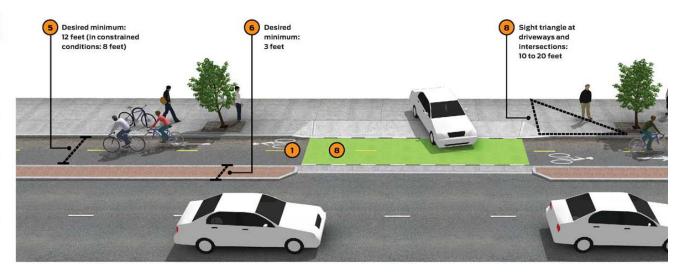
The desirable two-way cycle track width is 12 feet. Minimum width in constrained locations is 8 feet.⁴²

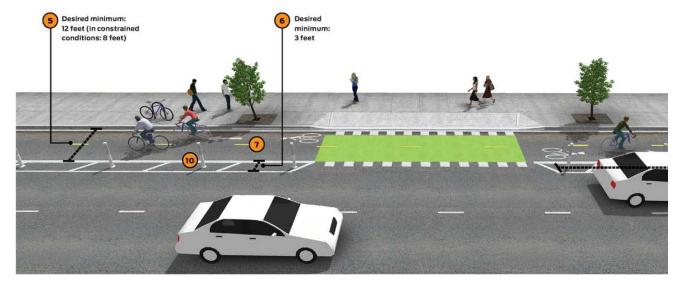
When protected by a parking lane, 3 feet is the desired width for a parking buffer to allow for passenger loading and to prevent dooring collisions.⁴³

A dashed yellow centerline should be used to separate two-way bicycle traffic and to help distinguish the cycle track from any adjacent pedestrian area.

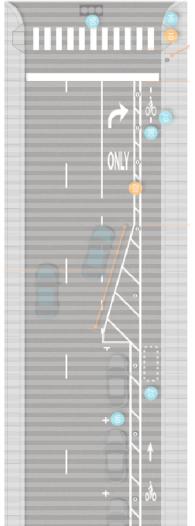
Driveways and minor street crossings are a unique challenge to cycle track design. A review of existing facilities and design practice has shown that the following guidance may improve safety at crossings of driveways and minor intersections:

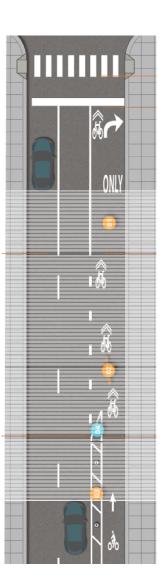
- If the cycle track is parking protected, parking should be prohibited near the intersection to improve visibility. The desirable no-parking area is 30 feet from each side of the crossing.⁴⁴
- For motor vehicles attempting to cross the cycle track from the side street or driveway, street and sidewalk furnishings and/or other features should accommodate a sight triangle of 20 feet to the cycle track from minor street crossings, and 10 feet from driveway crossing.
- Color, yield lines, and "Yield to Bikes" signage should be used to identify the conflict area and make it clear that the cycle track has priority over entering and exiting traffic.⁴⁵

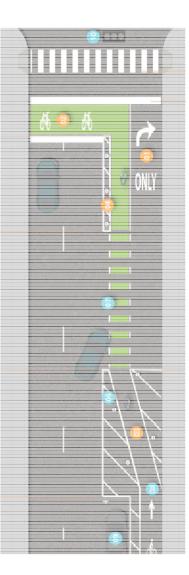


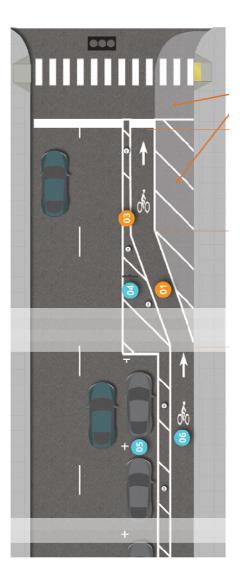




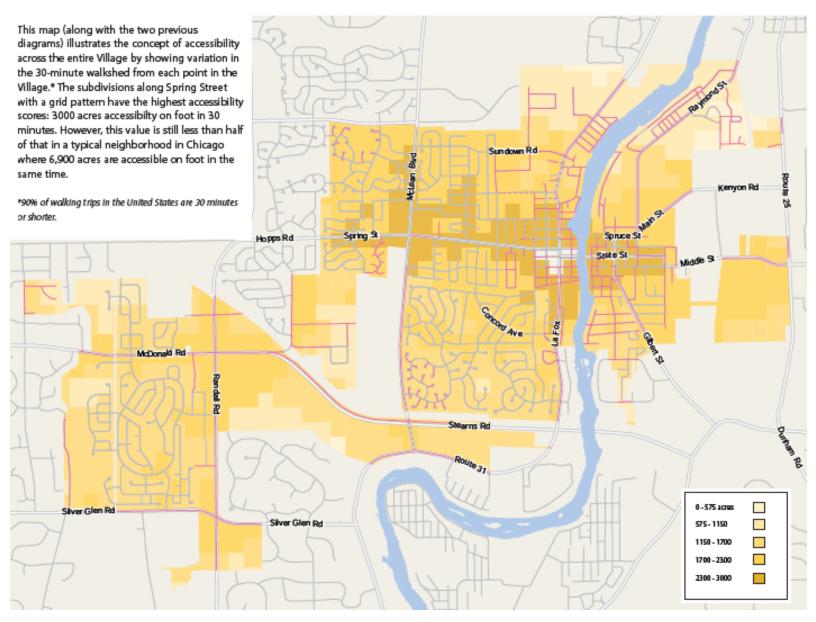




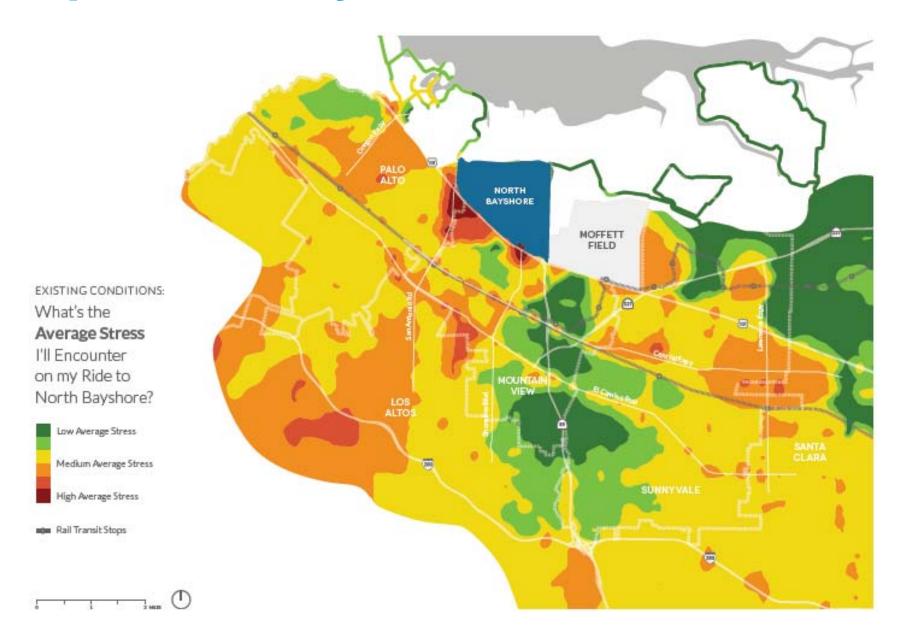




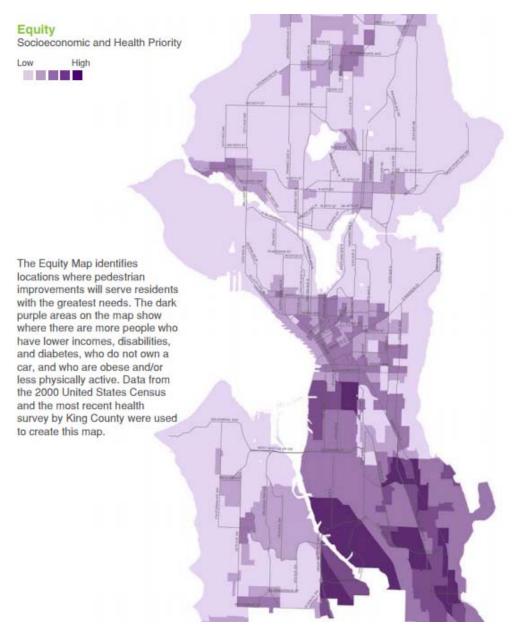
Spatial Analysis – Access



Spatial Analysis – Bike Comfort



Spatial Analysis – Equity



We're in the middle of a technology boom that is reshaping transportation.

After a half century of little technological change, innovation is providing an explosion in new transportation options. The list of new technologies impacting transportation expands every day. More than any other innovation, the smart phone is changing transportation. People can use it to find the most convenient bus route, understand when the next bus is coming, and read the news or a book on the way to their destination.

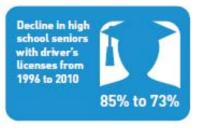
Everyone wants new transportation options.

Whether you are a millennial or a baby boomer, people want to live where they can easily walk and use transit. For young people in particular, the trend towards new travel behavior is strong. Recent studies show that people under 34 are not buying cars or getting driver's licenses at the rates of previous generations.

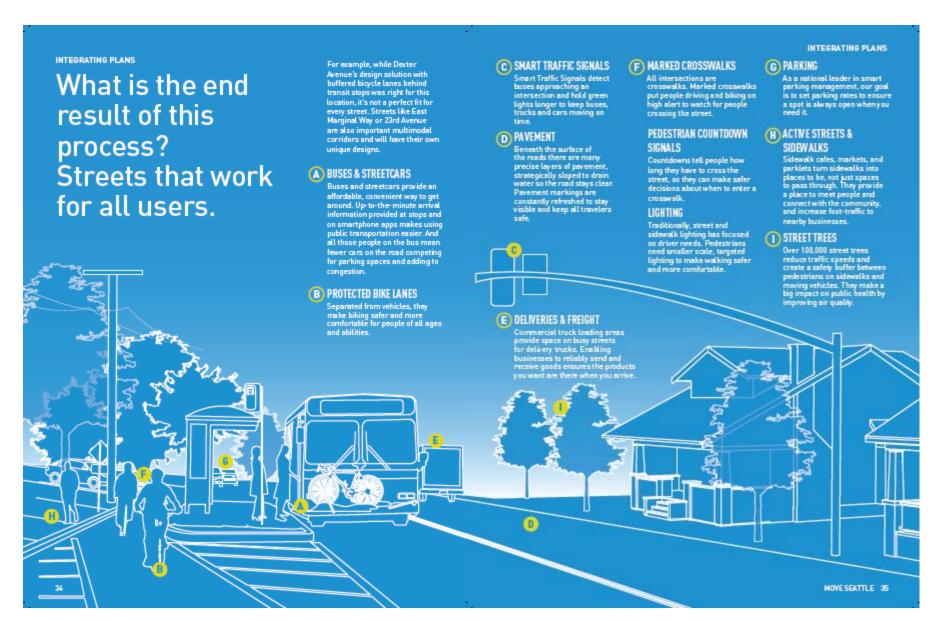
7. Across the board, everyone is driving less.

Even after adjusting for changes in the economy, the trend is clear: Americans are driving fewer miles every year. That trend is true in Washington State, where the long-term forecast is for total miles traveled by vehicles to decline 18% by 2025 from its peak in 2000. At the same time, transit ridership is at record highs and growing. Fewer cars on the road mean that when you do have to drive, you'll be up against less traffic.

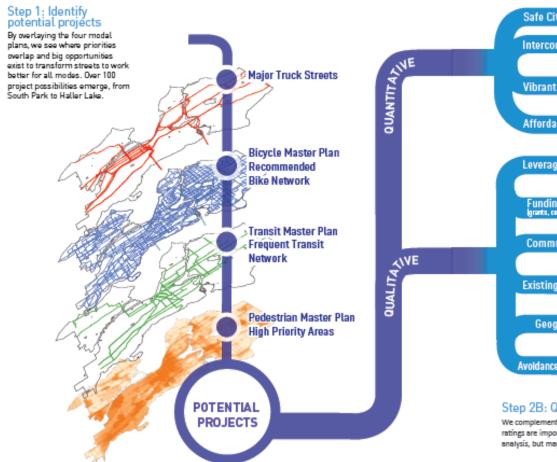








Funding is limited. This is how we prioritize projects.



Step 2A: Numerical scoring

Each project goes through a rigorous scoring process based on our four core values. Projects are evaluated on criteria as diverse as number of high-collision intersections they address to car ownership rates of nearby households.



Step 2B: Qualitative rating

We complement our data-driven process with more artful criteria too. These ratings are important since some projects may not score highly in the numerical analysis, but may have other compelling reasons for being considered further.

Eliminate Movements

Reduce number of movements entering a complicated intersection

Extend Medians

Lengthen/widen existing medians to tighten up intersection

Delayed Turning

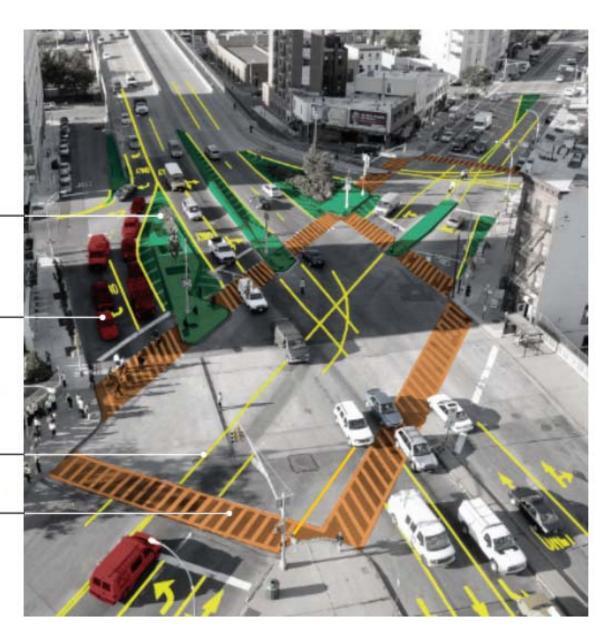
Allow through vehicles to move while holding turning vehicles, giving pedestrians a head start or a conflict free crossing

Lane Designation

Clarify who belongs where

Crosswalks

New signals allow pedestrians to cross. Add crosswalks where pedestrians want to cross



Wanted: those who "get it" ...and can do it

The ideal candidate...

- Understands the big picture behind what they do (policy, culture & demographic changes)
- Is familiar with quickly evolving best practices in engineering, planning & design
- Knows the kinds of analyses (especially GIS) that can support innovative projects
- Is capable of communicating ideas in a userfriendly, visual way
- Is passionate about what they do!

Thank you

Michael Flynn, AICP
Director of Active Transportation
Sam Schwartz Engineering, D.P.C.

mflynn@samschwartz.com

Sam Schwartz Engineering D.P.C.

PBIC Webinar

Integrating Ped/Bike Concepts into University Courses: PBIC Transportation Short Series



Carl Sundstrom

UNC Highway Safety Research Center



Purpose

- ⇒ Designed to augment existing undergraduate courses
- ⇒ Originally created in 2013, updated in 2015
 - ⇒ PBIC
 - ⇒ Auburn University Civil Engineering
 - ⇒ Dr. Rod Turochy
 - ⇒ Dr. Jeff LaMondia
 - ⇒ UNC Dept. City & Regional Planning
 - ⇒ Dr. Daniel Rodriguez
 - ⇒ New assignments developed by Toole Design Group





Materials

- ⇒ 3 classes
 - ⇒ Presentation slides for three 50-minute lectures
 - Detailed slide notes
- ⇒ 4 assignments
- ⇒ Reading list
- ⇒ Instructor information sheet

Class 1: Planning for Pedestrians and Bicycles

- → Motivations to plan for pedestrians and bicyclists
- → The relationship between land use and transportation

The interaction between pedestrian and bike planning and other planning processes.

2. Safety Concerns (cont'd): Toward Zero Deaths

- · Eliminating fatalities and serious injuries for all road users
- · Employs a combination of engineering, enforcement, education, and emergency services (the 4 Es)
- · Evaluation is also important
- Institutionalized at state or jurisdiction level
- Also called "Vision Zero"





VISION

Editable Area



Class 2: Pedestrian and Bicycle Facility Design

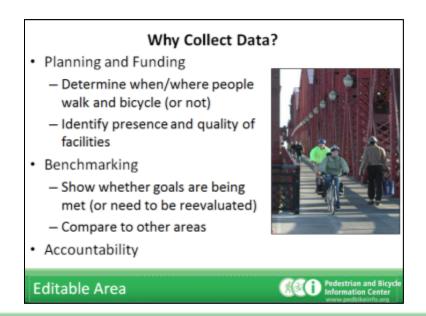
- Explains how streetscape influences design
- Gives examples of roadway design for pedestrians and bicyclists
- □ Identifies opportunities to retrofit existing streets for pedestrian and bicycle use





Class 3: Pedestrian and Bicycle Data and Performance

- Describes the data needs for bicycle and pedestrian monitoring, analysis, and planning
- → How to collect and analyze that data
- → How to calculate and understand facility analysis tools





Assignments

- ⇒ Walkability Assessment/Audit
- ⇒ Level of Service
- ⇒ Level of Traffic Stress & Assessing Level of Service
- ⇒ Existing Conditions Analysis







www.pedbikeinfo.org/university

Data & Resources Community Support Planning & Design Training & Events Programs & Campaigns University Courses Webinars **Livable Communities** In Person Training TRAINING & EVENTS **University Level C Ped Focus Series CEU & PDH Information** Webinars **PSAP Series Course Costs Livable Communities Additional Webinars** Integration of pedestrian and bicycle planni Instructors Ped Focus Series creating sustainable, livable communities. Course References have been developed to explore the core co **PSAP Series** For Instructors strategies related to creating effective and Additional Webinars Conferences & and programs. The three courses are: Events **University Courses** ■ Pedestrian and Bicycle Transportation In Person Training ■ PBIC Bicycle and Pedestrian Planning Course for Graduate Students **CEU & PDH Information** ■ FHWA University Course on Bicycle and Pedestrian Transportation Course Costs Other University Course Materials Instructors Students taking either course will recognize the legitimacy of the bicycle and pedestrian Course References modes, understand how policy, planning, and engineering practices can be improved to For Instructors create a more balanced transportation system, and become familiar with basic policies, practices, tools, and design principles that can be used to create bicycle and pedestrian-Conferences & friendly communities. **Events**

www.pedbikeinfo.org/university

Data & Resources

Community Support

Planning & Design

Training & Events

Programs & Campaigns

TRAINING & EVENTS

Webinars

Livable Communities

Ped Focus Series

PSAP Series

Additional Webinars

University Courses

In Person Training

CEU & PDH Information

Course Costs

Instructors

Course References

For Instructors

Conferences & Events

University Level Courses

Integration of pedestrian and bicycle planning into transportation planning is essential in creating sustainable, livable communities. Three interdisciplinary university-level courses have been developed to explore the core concepts of pedestrian and bicycle design and strategies related to creating effective and comprehensive bicycle and pedestrian plans and programs. The three courses are:

- Pedestrian and Bicycle Transportation Short Series (NEW FOR 2015!)
- PBIC Bicycle and Pedestrian Planning Course for Graduate Students
- FHWA University Course on Bicycle and Pedestrian Transportation
- Other University Course Materials

Students taking either course will recognize the legitimacy of the bicycle and pedestrian modes, understand how policy, planning, and engineering practices can be improved to create a more balanced transportation system, and become familiar with basic policies, practices, tools, and design principles that can be used to create bicycle and pedestrian-friendly communities.

http://www.pedbikeinfo.org/university

Data & Resources

Community Support

Planning & Design

Training & Events

Programs & Campaigns

TRAINING & EVENTS

Webinars

Livable Communities

Ped Focus Series

PSAP Series

Additional Webinars

University Courses

In Person Training

CEU & PDH Information

Course Costs

Instructors

Course References

For Instructors

Conferences & Events

University Level Courses

Integration of pedestrian and bicycle planning into transportation planning is essential in creating sustainable, livable communities. Three interdisciplinary university-level courses have been developed to explore the core concepts of pedestrian and bicycle design and strategies related to creating effective and comprehensive bicycle and pedestrian plans and programs. The three courses are:

- Pedestrian and Bicycle Transportation Short Series (NEW FOR 2015!)
- PBIC Bicycle and Pedestrian Planning Course for Graduate Students
- FHWA University Course on Bicycle and Pedestrian Transportation
- Other University Course Materials

Students taking either course will recognize the legitimacy of the bicycle and pedestrian modes, understand how policy, planning, and engineering practices can be improved to create a more balanced transportation system, and become familiar with basic policies, practices, tools, and design principles that can be used to create bicycle and pedestrian-friendly communities.

www.pedbikeinfo.org/university

Other University Course Materials

Course Instructor Contacts

Several instructors are teaching similar pedestrian and bicycle transportation courses around the US. To learn more about the course offerings at different universities, please contact the following individuals or review the course materials:

 Ron Eck, West Virginia University, Department of Civil and Environmental Engineering

Ronald.Eck@mail.wu.edu

 Billy Fields, Texas State University-San Marcos, Department of Geography

Transportation Systems Syllabus

 Ben Gomberg & David Leopold, University of Illinois at Chicago, College of Urban Planning and Public Affairs

Implementing Complete Streets in Chicago Syllabus

- Anne Lusk, Harvard School of Public Health, Department of Nutrition <u>Transportation, the Environment, and Health Syllabus</u>

 Built Environment, Human Energy Expendicture, and Public Health Syllabus
- Jeff Olson, Skidmore College jolson@altaplanning.com
- William Riggs, California Polytechnic State University, College of Architecture and Environmental Design, Department of City and Regional Planning

Capstone Assignment: Education, Advocacy, and Awareness Videos

 Greg Rybarczyk, University of Michigan-Flint, Department of Earch and Resource Science

Sustainable Transportation: Bicycle and Pedestrian Travel Syllabus

 Marc Schlossberg, University of Oregon, Department of Planning, Public Policy, and Management

Bicycle Transportation Syllabus

 Bob Schneider, University of Wisconsin-Milwaukee, School of Architecture and Urban Planning

Pedestrian and Bicycle Transportation Syllabus

- Ryan Snyder, UCLA, Urban Planning Department
 Pedestrian and Bicycle Planning syllabus, assignment descriptions, and lecture slides (Zip 530 MB)
- Online Master of Sustainable Transportation, University of Washington uwmst@uw.edu

Course Syllabi and Other Course Materials

A comprehesnive collection of course materials will be available in 2015.

If you know their instructors teaching courses and/or willing to share their contact inform then or other materials, please contact Kristen Brookshire at 919-962-297 or brookshire@hsrc.unc.edu.

TRB Joint Subcommittee on Pedestrian and Bicycle University Education

To learn fore about the educational opportunities within pedestrian and bicycle transportation, visit the <u>Transportation Research Board's Joint Subcomplittee on Pedestrian and Bicycle University Education</u>.

Share your course materials!



Incorporating PBIC Pedestrian/Cyclist Course Modules in Civil Engr Courses

Jeffrey LaMondia

Asst. Professor, Civil Engineering Auburn University

August 19, 2015



Materials Implemented in Three Civil Courses

- Introduction to Transportation Engineering
 - Sophomore/Junior Level, 50 Students, Required
- Geometric Design
 - Junior/Senior Level, 35 Students, Core Transport
- Transportation Planning
 - Senior/Graduate, 20 Students, Elective



Intro to Transportation Engineering

- Day in Roadway Design
 - "Facility Design" module
 - Compliments cross-sectional design section
 - How do we design to support all modes?
- Day in Planning
 - "Planning" module
 - Compliments discussion on the general planning process
 - How do we adapt the planning process to include ped/bike?

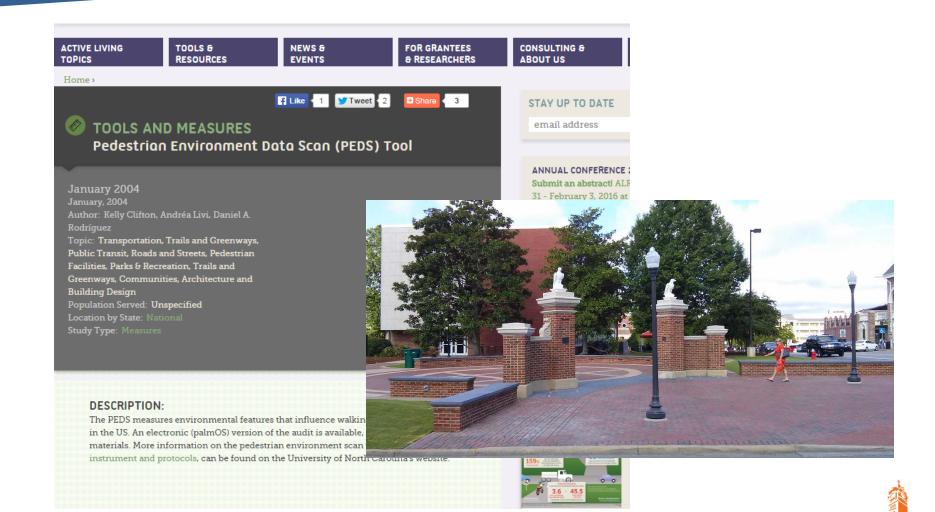


Intro to Transportation Engineering

Pictures & Discussion are Key for Undergrads!



Intro to Transportation Engineering



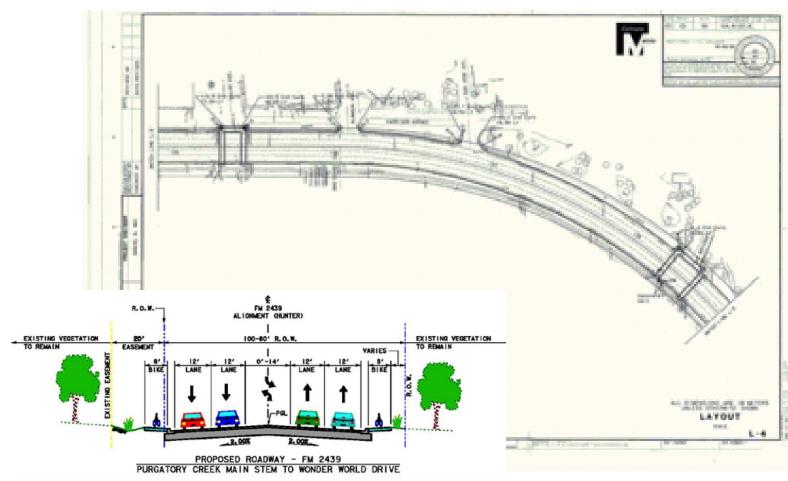
AUBURN UNIVERSITY

Geometric Design

- Day in Roadway Design
 - "Facility Design" module
 - More in-depth discussion onwhere we would include different types of facilities
 - Require ped/bike facilities as part of their final project



Geometric Design





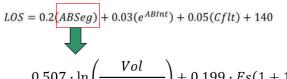
Transportation Planning

- Day in Planning
 - "Planning" module
 - More in-depth discussion on needs of peds/cyclists
 - Often, guest speaker from the City or Campus
- Day in Data Collection
 - "Data/Performance" module
 - Incorporated into the GIS component of the course
 - Final group projects often include ped/bike topics



Transportation Planning

Bicycle Segment LOS (Abseg)



$$0.507 \cdot \ln\left(\frac{Vol}{4 \cdot PHF \cdot L}\right) + 0.199 \cdot Fs(1 + 10.38HV^2) + 7.066\left(\frac{1}{PC_5}\right)^2 -0.005(We)^2 + 0.760$$

Vol = Volume of directional traffic (vph)L = Total number of through lanes

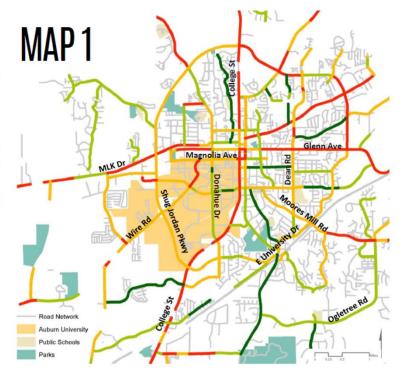
PHF = Peak hour factor

<u>Fs</u> = Effective speed factor =1.12 $\ln(S-20) + 0.81$; where S is the posted speed limit

HV = % of traffic that is heavy vehicles

PC₅ = FHWA's five point surface condition rating

 W_e = Average effective width of outside through lane (if no on-stre parking and shoulder/bike lane < 4 ft; if shoulder lane <=4, the add width to width of outside through lane)

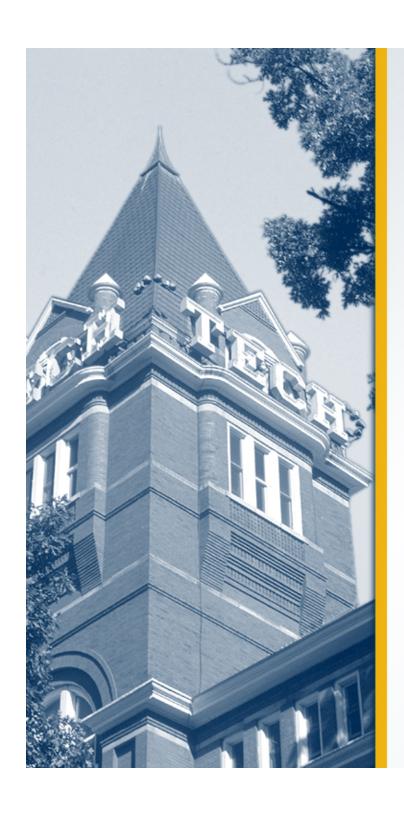


Questions?

Jeffrey J. LaMondia, PhD

Assistant Professor, Transportation Engineering
Department of Civil Engineering
Auburn University
238 Harbert Engineering Center
Auburn, AL 36849
(334) 844-6284
jlamondia@auburn.edu





Integrating Pedestrian and Bicycle Transportation into Engineering Curriculum

Dr. Kari E. WatkinsGeorgia Institute of Technology

Ped Bike Information Center Webinar August 19, 2015



Goals

- Encourage students to think multimodally
- Introduce design guides that supplement traditional guides
- Incorporate project and field work
- Overcome barriers to good planning and design
 - Changing engineering mindset
 - Educating future professionals from all aspects of the process (highway designers, traffic engineers, land use planners, developers)





Key themes to incorporate

- Why cycling and walking?
- Designing with cyclists and pedestrians in mind
 - Access management
 - Signal progression speeds
- Vehicle delay vs. person delay
- Peak hour vs. all-day focus
- Thinking critically about guidebooks
 - AASHTO, MUTCD, HCM, NACTO







Civil Engineering Transportation Courses

- Introduction to Transportation (undergrad core)
 - One to two modules
- Urban Transportation Planning (graduate core)
 - Three dedicated modules plus labs (two weeks)
- Multimodal Transportation (undergrad elective)
 - Ten modules (five weeks) plus quizzes
 - Design Project
- Complete Streets Design (graduate elective)
 - Fourteen week course
- New Course: Sustainable Transportation Abroad (undergrad)



Introduction to Transportation

- Undergrad core course
- Incorporate themes of multi-modality throughout
- One to two specific modules
 - Need for ped/bike facilities
 - Planning for ped/bike facilities
 - Design for ped/bike facilities
- In-class exercise using local intersection redesign
- Incorporate cyclists and pedestrians into final project

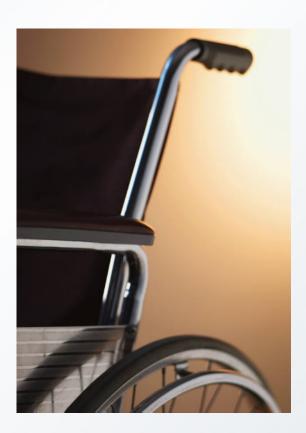






Urban Transportation Planning

- Graduate core course
- Combine concepts into all lectures
- Specific lectures
 - ADA / Pedestrian design
 - Bike infrastructure
- Wheelchair lab





Multimodal Transportation

- Undergrad elective course
- Freight and passenger multimodality
- Ten modules
 - Complete streets
 - Access management & Traffic calming
 - Pedestrian design & ADA
 - Bikeway design
 - Urban street design
 - Performance measurement

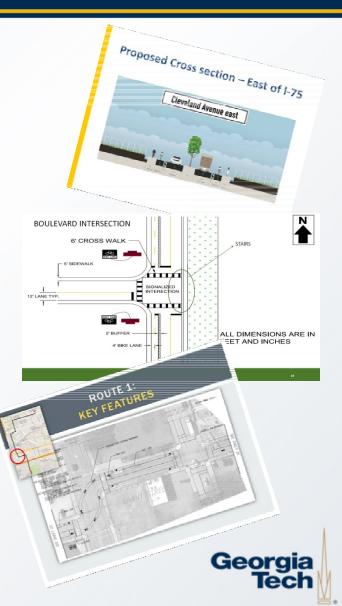






Multimodal Transportation Course Project

- Complete Streets Design
 - Assess users of corridor
 - Balance street space use for all modes
- Local corridors suggested by Atlanta Bike Coalition, City of Atlanta, Atlanta Regional Commission
- Final report and presentation
 - Representative cross-sections
 - Proposed design two major intersections
 - Representative design for minor intersections
 - Overall circulation for various modes

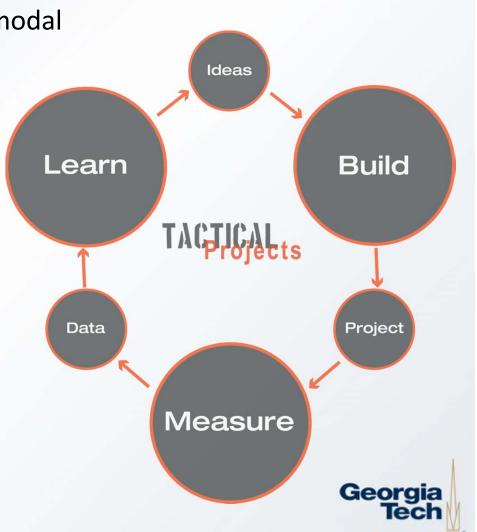


Complete Streets Design Course

First half

Students combined with Multimodal
 Transportation Course

- Second half
 - Tactical Urbanism project
 - Learn skills necessary
 - Performance Metrics
 - Data Collection
 - Permitting
 - Execute physical project
 - Credit to Dr. Wes Marshall, U
 Colorado



Sustainable Transportation Abroad

- Tied to Multimodal Transportation course
- New Global Engineering Leadership minor
- One to two weeks abroad
 - 1st: Netherlands
 - Tour cities on bike and transit
 - Presentations by local engineers and planners
 - Credit to Dr. Rob Bertini, Cal Poly; Dr. Peter Furth, Northeastern; Portland State







Thank You!

Dr. Kari Edison Watkins

Assistant Professor

Civil & Environmental Engineering

kari.watkins@ce.gatech.edu

(206) 250-4415



Urban Transportation Information Lab http://watkins.ce.gatech.edu



Questions?

- ⇒ Archive at www.pedbikeinfo.org/webinars Download a video recording and presentation slides
- **⇒** Questions?
 - Mike Flynn mflynn@samschwartz.com
 - Jeff LaMondia jlamondia@auburn.edu
 - **Kari Edison Watkins** kari.watkins@ce.gatech.edu
 - Carl Sundstrom sundstrom@hsrc.unc.edu